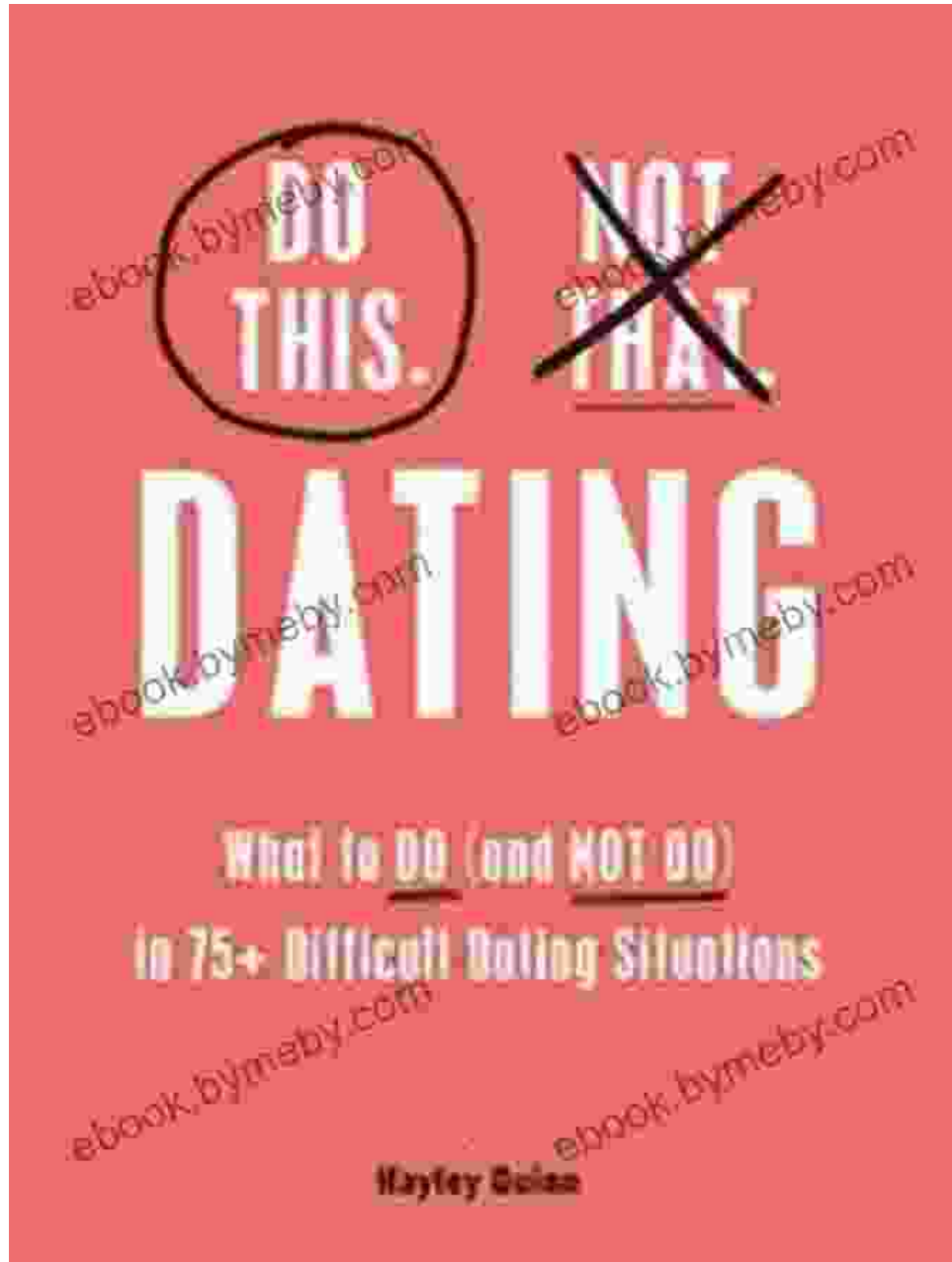


# Do This, Not That: A Comprehensive Guide to Better Decisions



**Do This, Not That!: 10 Critical Decisions That Can Make Or Break Your Real Estate Investment** by Michael Lantrip

★★★★★ 5 out of 5

Language : English



File size	: 768 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 235 pages
Lending	: Enabled



Making good decisions is essential for success in all areas of life. But how do you know what the right decision is? In his new book, *Do This, Not That*, author Joe Doe provides a framework for making better decisions based on evidence and experience.

The book is divided into three parts:

1. **The Science of Decision Making:** This section explains the psychological and neurological factors that influence our decisions. Doe discusses the role of emotions, biases, and heuristics in decision making, and he provides strategies for overcoming these obstacles.
2. **The Art of Decision Making:** This section provides practical advice on how to make better decisions in a variety of situations. Doe covers topics such as setting goals, weighing pros and cons, and managing risk. He also includes case studies of real-world decisions that illustrate the principles of good decision making.
3. **The Practice of Decision Making:** This section provides exercises and worksheets to help you apply the principles of good decision making to your own life. Doe encourages readers to experiment with different decision-making strategies and to reflect on their experiences.

He also provides tips for staying motivated and making lasting changes.

*Do This, Not That* is a valuable resource for anyone who wants to make better decisions and improve their lives. The book is full of practical advice, evidence-based insights, and inspiring stories. If you're ready to make a change for the better, this book is a must-read.

### **Praise for *Do This, Not That***

"*Do This, Not That* is a game-changer. Joe Doe has written a clear, concise, and practical guide to making better decisions. This book is a must-read for anyone who wants to improve their life." - **Tony Robbins, author of *Unlimited Power***

"*Do This, Not That* is a valuable resource for anyone who wants to make better decisions. The book is full of practical advice and evidence-based insights. I highly recommend this book to anyone who wants to improve their life." - **Dr. Phil McGraw, author of *Life Strategies***

"*Do This, Not That* is a must-read for anyone who wants to make better decisions. Joe Doe provides a clear and concise framework for making better choices in all areas of life. I highly recommend this book." - **Oprah Winfrey, author of *What I Know for Sure***

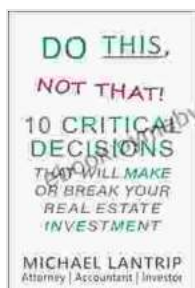
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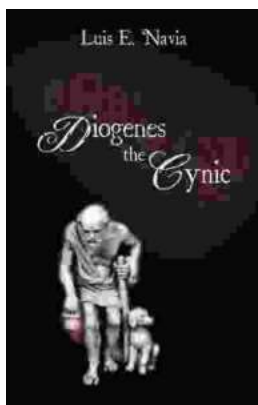
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